

Contact:

Katelyn Kostiuk or Centre Staff – (306) 525-4757

Registration Date:

Ongoing – first come, first served

Email:

qceca@hotmail.ca

Registration Location:

Come to the Eastview Community Centre to get your yearly family membership and find out about what is happening at the Centre. To register for programs a \$5.00 Eastview membership is needed.

The Queen City Eastview Community Association includes the area between Winnipeg Street on the West, McDonald on the East, the C.P.R. main line on the South, and Ross Avenue on the North but we remain open to everyone in the City of Regina. The association board of directors is a small group of hard working volunteers that invite you to learn more about the association and get involved by calling 306-525-4757 or email qceca@hotmail.ca.

Please visit our website or Facebook page for all the most recent details. Please sign-up early to guarantee a spot as we are first come, first served. Wait lists will be created to accommodate those who don't get a spot in one of our programs.

Website: (www.eastviewregina.com) & Facebook page (www.facebook.com/eastviewregina)

The Eastview Community Centre is located at 615 6th Avenue. The Centre staff are on site from 10am to 6pm every weekday.

Program registration: Come to the Eastview Community Centre to get your yearly family membership and find out about what is happening at the Centre. To register for programs a \$5.00 Eastview membership is needed.

***The Queen City Eastview Community Association will be doing its 5th Birthday Celebration at the end of August. Keep an eye on our Face book page, Website and Eastview Times for more details.**

FAMILY

<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
REACH Good food box	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
REACH Convenience meals	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
Kindness Rocks Project (Rock Painting)	6+ years	Saturday	Feb.29 th Mar. 21 th Apr. 25 th May. 30 th	1 – 2:30pm	Eastview Community Centre	FREE (membership)
Indoor Walking Club	All ages	Wednesdays	Jan 8 to June 24 2020	2-3:30p.m.	Eastview Community Centre	FREE (membership)
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
Family Fun Nights	All ages	Saturdays	Feb. 29 th , Mar. 21 st , Apr. 25 th 2020	6pm to 9pm	Eastview Community Centre	FREE (membership)
Eastview Clean-up	All ages	Saturday	June 20 th 2020	10 am to 3pm	Eastview Community Centre	FREE (membership)

PRESCHOOL

<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
Family Fun Nights	All ages	Saturdays	Feb. 29 th , Mar. 21 st , Apr. 25 th 2020	6pm to 9pm	Eastview Community Centre	FREE (membership)

CHILDREN

<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
After school drop-in program	5-17 years	M, W, T, F	Jan 8 2020 to June 28 th 2020	4 to 6pm	Eastview Community Centre	FREE (membership)
Kids Cooking	9-14 years	Tuesdays	Jan. 14 th to Mar. 17 th 2020	4:30-6 pm	Eastview Community Centre	FREE (membership)
Kids Cooking	6 – 8 years	Tuesdays	Apr. 14 th to June 16 th 2020	4-6 pm	Eastview Community Centre	FREE (membership)
Tae Kwon Do	6 – 15 years	Tuesdays	Jan. 14 th to Mar. 03 rd 2020	6:15-7:15 pm	Eastview Community Centre	\$25 for 1 \$45 for 2 \$60 for 3
Tae Kwon Do	6 – 15 years	Tuesdays	Apr. 14 th to June 09 th 2020	6:15-7:15pm	Eastview Community Centre	\$25 for 1 \$45 for 2 \$60 for 3
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
Kindness Rocks Project (Rock Painting)	6+ years	Saturday	Feb. 29 th Mar. 21 th Apr. 25 th May. 30 th	1 – 2:30pm	Eastview Community Centre	FREE (membership)

TEEN

<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
Kids Cooking	9-14 years	Tuesdays	Jan. 14 th to Mar. 17 th 2020	4:30-6 pm	Eastview Community Centre	FREE (membership)
After school drop-in program	5-17 years	M, W, T, F	Jan 8 2020 to June 28 th 2019	4 to 6pm	Eastview Community Centre	FREE (membership)
Kindness Rocks Project (Rock Painting)	6+ years	Saturday	Feb. 29 th Mar. 21 th Apr. 25 th May. 30 th	1 – 2:30pm	Eastview Community Centre	FREE (membership)
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
Tae Kwon Do	6 – 15 years	Tuesdays	Jan. 14 th to Mar. 03 rd 2020	6:15-7:15 pm	Eastview Community Centre	\$25 for 1 \$45 for 2 \$60 for 3
Tae Kwon Do	6 – 15 years	Tuesdays	Apr. 14 th to June 09 th 2020	6:15-7:15pm	Eastview Community Centre	\$25 for 1 \$45 for 2 \$60 for 3
Eastview HOOPS	11-18 years	Tuesdays & Thursdays	Jan. 9 th to July 25 th 2020	4 – 6 pm	Eastview Community Centre	FREE (membership)

ADULT

<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
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REACH Good food box	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
REACH Convenience meals	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
Fitness: 18+Yoga	18+ years	Tuesdays	Jan. 14 th to Mar. 26 th 2020	5pm to 6pm	Eastview Community Centre	\$35.00 (membership)
Zero gravity/chair guided meditation	18+ years	Tuesdays	Jan, Mar, May	7:15-8:15pm	Eastview Community Centre	\$40.00 PER MONTH (membership)
Indoor Walking Club	All ages	Wednesdays	Jan 8 to June 24 2020	2-3:30p.m.	Eastview Community Centre	FREE (membership)
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
Family Fun Nights	All ages	Saturdays	Feb. 29 th , Mar. 21 st , Apr. 25 th 2020	6pm to 9pm	Eastview Community Centre	FREE (membership)
Kindness Rocks Project (Rock Painting)	6+ years	Saturday	Feb.29 th Mar.21 st Apr. 25 th May. 30 th	1 – 2:30pm	Eastview Community Centre	FREE (membership)
Eastview Clean-up	All ages	Saturday	July 20 th 2020	10 am to 3pm	Eastview Community Centre	FREE (membership)
SENIORS						
<i>Activity</i>	<i>Ages</i>	<i>Day</i>	<i>Dates</i>	<i>Times</i>	<i>Location</i>	<i>Cost</i>
50 + dances	50 + years	Fridays	Feb. 28 th , Mar. 27 th , Apr. 24 th 2020	4 to 8pm	Eastview Community Centre	\$7 (meal included)
Winter Carnival	All ages	Saturday	Jan 25 th	10-3p.m.	Eastview Community Centre	FREE (membership)
REACH Good food box	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
REACH Convenience meals	All ages	Monday to Friday	Ongoing	9am to 6pm	Eastview Community Centre	Various
ForEver In Motion	50+	Wednesday	Jan. 8 th to May 27 th 2019	11am to 12pm	Eastview Community Centre	FREE (membership)
Seniors Exercise (DVD)	50+	Monday	Jan. 6 th to May 25 th 2020	11am to 12pm	Eastview Community Centre	FREE (membership)
Family Fun Nights	All ages	Saturdays	Feb. 29 th , Mar. 21 st , Apr. 25 th 2020	6pm to 9pm	Eastview Community Centre	FREE (membership)
Indoor Walking Club	All ages	Wednesdays	Jan 8 to June 24 2020	2-3:30p.m.	Eastview Community Centre	FREE (membership)
Kindness Rocks Project	6+ years	Saturday	Feb. 29 th Mar. 21 st Apr. 25 th May. 30	1 – 2:30pm	Eastview Community Centre	FREE (membership)
Zero gravity/chair guided meditation	50+	Thursdays	Jan, Feb, Mar, Apr, May, 2020	11 – 12pm	Eastview Community Centre	\$30.00 PER MONTH (membership)
Zero gravity/chair guided meditation	18+ years	Tuesdays	Jan, Feb, Mar, Apr, May 2020	7:15-8:15pm	Eastview Community Centre	\$40.00 PER MONTH (membership)